

# Israa Sharif



## Personal Information

Born: 05/03/ 1989  
Address: Al-Bireh , Palestine  
Phone: 00970 2 2404230  
Mobile: 00972592456180  
E-mail: israa\_sh@ppu.edu

## Education

2013 – 2017 **The University of Jordan, Faculty of Agriculture, Amman, Jordan**  
MSc in Human Nutrition and Dietetics

**Thesis Title:** The Relationships between Neuropeptide Y, Food Intake and Quality of Life, and Its Role in Risk of Anorexia-Cachexia Syndrome in a Selected Sample of Cancer Patients in Amman

2007 – 2012 **Al-Quds University, Faculty of Pharmacy, Abu-Des , Palestine**  
BSc in Pharmacy

**Graduating Project Title:** Prevalence of Obesity, Eating Habits and Physical Activity among Palestinian in West Bank.

## Work Experience

02/09/2018– Present **Palestine Polytechnic University, Hebron, Palestine**  
College of Medicine and Health Sciences , Full-time Lecturer

15/09/2018– 20/12/2018 **Hebron University, Hebron, Palestine**  
College of Pharmacy and Medical Sciences , Part-time Lecturer

01/07/2017 – 01/09/2018 **Musallam Specialty Hospital, Al-Bireh, Palestine**  
Worked as a Pharmacist assistant  
Part-time Nutritionist

01/03/2017 – 31/10/2017 **Asharf Pharmacy, Al-Bireh, Palestine**  
Worked as a Pharmacist

**Yemeni University of Science and Technology / Amman , Jordan**

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## Traning

18/03/2016-  
11/02/2017

Worked as Lecturer

**King Hussein Cancer Center, Amman / Jordan**  
Medical Researcher

15/04/2015 –  
01/06/2016

**Riam Drug Store, Ramallah, Palestin**

Worked as a Pharmacist assistant

14/07/2012-  
1/09/2013

**Fondazione Italiana Fegato Onlus , Trieste , Italy**

20/03/2021-  
31/08/2021

Resserch fellow, working on a project "

"Myosin 5B mutations that associated with Neonatal  
cholestatis "

01/07/2019-  
26/07/2019

**University of Lille and UniLaSalle University , Lille /  
Beauvais, France**

Food & Health Summer School program, ” Impact of Food  
Processing on Human Health”

05/05/2021-  
27/05/2021

**University of Trieste, Trieste, Italy**

Formazione e Training del personale coinvolto nelle attivita'  
di spermintazione animale

## Publications

### **1. Lyophilization-free proliposomes for sustained release oral delivery of hydrophobic drug (cinnarazine): a comparative study**

Authors: Omar S. Abu Abed , Srilikha Mulkala, Israa Sharif , Asma M. Abdin and Amal A. Alkordy.

<https://doi.org/10.1515/ptph-2021-0002>

### **2. Prevalence and correlates of malnutrition among hemodialysis patients at hebrongovernmental hospital, Palestine: cross-sectional study**

Manal Badrasawi1, Souzan Zidan, Israa Sharif, Juliana Qaisiyha, Sanabel Ewaida, Tala Jaradat and Yasmeen Samamra.

<https://doi.org/10.1186/s12882-021-02413-y>

### **3. Binge eating symptoms are associated with the severity of premenstrual symptoms among university students, cross sectional study from Palestine**

Manal M. Badrasawi, Souzan J. Zidan, Nihal Natour, Israa Sharif, Shahd Atrash, Ghada Abueid & Saeda Al-Jounde

<https://doi.org/10.1186/s40337-021-00425-5>

# Israa Sharif

## Language

**Arabic** Native language

**English** Very good in reading, writing, speaking and listening.  
( B2 )

## Computer Knowledge

1. Office suites (Microsoft Office)
2. Presentation software (PowerPoint)
3. Spreadsheets (Excel, Google Spreadsheets)
4. Data Analysis software( SPSS)
5. Communication and collaboration tools ( Skype, Zoom, Google meet)
6. Social media ( Facebook, Instagram, etc.)

## Skills

- ✓ Work effectively both as team member and independently
- ✓ Excellent communication skills.
- ✓ Excellent in writing reports.
- ✓ Self-motivated.

## References

1. **Prof. Claudio Tiribelli** , Scientific Director of Italian Liver Fondation , Trieste, Italy, [ctliver@fegato.it](mailto:ctliver@fegato.it) , Phone: +390403757840
2. **Dr. Omar Abu Abed** , Assistance professor , Arab American University, Department of Health Sciences, Ramallah, Palestine, [omar.abuabed@aup.edu](mailto:omar.abuabed@aup.edu) . , Mobile : 00970 569067164
3. **Dr. Fawzi Razem** , Dean of Applied Science Faculty, Palestine Polytechnic University, Hebron , Palestine , [razemf@ppu.edu](mailto:razemf@ppu.edu) , Mobile: 00972599033654